



COMMUNICATING 360HEALTH ON INTERNAL CHANNELS A QUICK GUIDE

360Health

Here is the approved language to use when promoting 360Health across internal communication channels.

HEADLINE

Invest in yourself with 360Health

BODY COPY

In partnership with insurer MetLife, Hostplus members and their families* have access to a wide range of virtual health and wellbeing services through 360Health.

Through 360Health, you can tap into expert, personalised care, available wherever and whenever you need it.

And the best part? It's fast, convenient and comes at no extra cost for all Hostplus members, regardless of your insurance status. That's a plus.

- Personalised fitness plans and nutrition advice.
- General questions answered online by mental health specialists.
- Second opinions from global medical experts.
- Menopause support from nurses specialising in women's health.
- Quick responses from GPs and paediatricians.

Awarded *Money* magazine's Health and Wellness Cover of the Year 2025, 360Health is here to support your wellbeing.

Invest in yourself with 360Health today.

To learn more, visit hostplus.com.au/360Health

*The term 'family/families' consists of your children, partner, parents, and parents-in-law. Mental Health Assist is only available in respect of persons 18 years old or above. Does not provide referrals or prescriptions. Should not replace your GP. If you have a health or medical concern, please seek professional medical advice immediately.

You, as the employer, acknowledge to *not utilise any Hostplus* material to:

1. Give financial product advice or mislead employees about superannuation products.
2. Mandate, recommend or influence your employees to choose a particular superannuation fund.
3. Make an unsolicited offer to employees, or ask them to apply for a superannuation product during real-time contact (such as a meeting).

WE'RE HERE TO HELP.

If you have any questions, we're happy to help. Just call **1300 467 875**,
8am – 8pm AEST /AEDT, Monday to Friday or visit hostplus.com.au

THAT'S A PLUS+



Life insurance products are issued by MetLife Insurance Limited (ABN 75 004 274 882, AFSL 238096) (MetLife). 360Health services are provided in conjunction with Teladoc Health Australasia Pty Ltd (ACN 147 387 666) (Teladoc Health), a separate entity. 360Health services are not provided by way of insurance (including health insurance) and the provision of these services is not dependent on the occurrence of an insured event. MetLife will not be responsible for the nature or quality of services provided by Teladoc Health. All services except for Recovery Support are provided by Teladoc Health. Access to 360Health services will be at MetLife's reasonable discretion and is eligible for all MetLife customers, partnered super fund members and their children, partner, parents and parents-in-law. MetLife reserves the right to discontinue or change the services at any time. Hostplus insurance cover is provided by MetLife Insurance Limited ABN 75 004 274 882, AFSL 238096. Hostplus insurance cover is provided to members in the Maritime division of the Hostplus Superannuation Fund by MLC Limited ABN 90 000 000 402, AFSL 230694. Issued by Host-Plus Pty Limited ABN 79 008 634 704 as trustee for the Hostplus Superannuation Fund ABN 68 657 495 890.